

August

(menu subject to change)

2019

| Mon | Tue | Wed | Thu | Fri |
|---|---|--|---|---|
| <p>We offer carryout meals! You must call the center the day before BY 1PM to pre-order the next day's meal. Pre-ordered carry-out meals will be \$3.50. You can pick them up after 12:15pm the day of. There will be no pre-ordered carry-outs on holidays or special event days. <u>HOMEBOUND</u>: Call (248) 583-6700 to see if you qualify for homebound meal delivery. Those receiving meals, please call the center by 9am if you don't want your meal delivered that day. Lunch is served at noon for those ages 55+ and their guests. A \$3 donation is suggested. Clawson residents can call (248) 583-6700 for free transportation to the center for lunch.</p> | | | | |
| <p>5 Tilapia Chair Yoga 9:30am Chair Exercise 10:30am Pinochle 12:45pm</p> | <p>6 Sweet & Sour Meatballs Canasta 12:45pm Euchre 12:45pm</p> | <p>7 Stuffed Pepper Foot Doctors 9am Knit 10am Chair Exercise 10:30am Brookdale 12:30pm Hand & Foot 12:45pm</p> | <p>1 Burgers Sanders Tour 12:30pm</p> | <p>2 Chair Yoga 9:30am Chair Exercise 10:30am</p> |
| <p>12 Barbeque Chicken Chair Yoga 9:30am Lunch Bunch 12:15pm Chair Exercise 10:30am Pinochle 12:45pm</p> | <p>13 Hot Dogs Euchre 12:45pm</p> | <p>14 Birthday Lunch Pork Chops Belle Isle 9am Knit 10am Chair Exercise 10:30am Bingo 1pm</p> | <p>8 Chef Salad DIA 12:15pm Farkle 12:45pm</p> | <p>9 Chair Yoga 9:30am Chair Exercise 10:30am</p> |
| <p>19 Stuffed Cabbage Chair Yoga 9:30am Chair Exercise 10:30am Pinochle 12:45pm</p> | <p>20 Crab Cakes Canasta 12:45pm Euchre 12:45pm</p> | <p>21 Sloppy Joes Independence Oaks 9am Knit 10am Chair Exercise 10:30am Kings in the Corner 12:45pm</p> | <p>15 Tuna Plate Afternoon Movie 12:45pm</p> | <p>16 Chair Yoga 9:30am Chair Exercise 10:30am</p> |
| <p>26 Chicken Tenders Chair Yoga 9:30am Chair Exercise 10:30am Pinochle 12:45pm</p> | <p>27 Barbeque Meatballs Euchre 12:45pm</p> | <p>28 Lemon Pepper Cod Knit 10am Chair Exercise 10:30am Bingo 1pm</p> | <p>22 Chicken Salad Plate</p> | <p>23 Chair Yoga 9:30am Chair Exercise 10:30am Rep. Kuppa 11am</p> |
| <p>29 Pulled Pork Sandwich State Fair 9am Motor City 11am</p> | <p>30 Chair Yoga 9:30am Chair Exercise 10:30am</p> | <p>29 Pulled Pork Sandwich State Fair 9am Motor City 11am</p> | <p>30 Chair Yoga 9:30am Chair Exercise 10:30am</p> | <p>30 Chair Yoga 9:30am Chair Exercise 10:30am</p> |